



# 4-DIRECTIONS NEWSLETTER



Published by Native American Indian General Service Office of Alcoholics Anonymous

Summer Edition Volume 1, Issue 1, July 2002

## I HAVE CHOSEN SOBRIETY

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### Special Points of Interest:

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Now I choose to reclaim me.  
 I choose to reclaim all the gifts my Creator gave me.  
 I gave them away while abusing myself with alcohol, drugs, and inhalants.  
 These gifts he gave me are:  
 The right to feel as I feel  
 The right to make my own choices  
 The right to love myself  
 The right to know and use my own intuition and  
 The right to be me.  
 In His eyes I am unique  
 I am the only me He will ever create.  
 In reclaiming I will come to know and respect these gifts  
 He gave me.  
 I will learn to become self-full.  
 I will learn to use with love, dignity, and respect these  
 Gifts He gave me.  
 Because I do this, I will also learn to respect others  
 in my world.  
 In becoming self-full I will become able and willing to  
 share my growth with all people.  
 I do this because it is His way.  
 His way will become my way.  
 It will be different.  
 Sometimes it will be painful.  
 I am ready.....



**Please note change of Website & E-mail addresses:**

**Website:**  
<http://naigso-aa.org>

**Primary e-mail:**  
[generalmanager@naigso-aa.org](mailto:generalmanager@naigso-aa.org)

**Alternate e-mail:**  
[naigso@cox.net](mailto:naigso@cox.net)

Tom Y.  
Oklahoma





## STATEMENT OF PURPOSE WITH OUR VISION OF THE STRUCTURE OF THE FELLOWSHIP

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### Board Members:

Larry N. (President)  
Chuck R. (Vice-President)  
Don W. (Treasurer)  
Yolanda I. (Secretary)  
Rachel C. (Historian)  
Sylvia W.  
Helen F.



### *The Circle*

***You have noticed that everything an Indian does is in a circle, and that is because the Power of the World always works in circles, and everything tries to be round. The wind, in its greatest power whirls. Birds make their nests in circles... the sun comes forth and goes down again in a circle. The moon does the same, and both are round. The life of a man is a circle from childhood and so it is in everything where power moves.***

*Hehaka Sapa, (Black Elk)*

To provide a vision of service by the Native American General Service Office (NAIGSO) to more than 500 sovereign Indian Nations in North America recognized by state governments and Federal Government. The structure of the fellowship is in a form as to become attractive to the alcoholic Native American Indian. NAIGSO recognizes the need for each Nation, tribe, and band to honor their spiritual customs and traditions and to base recovery on those living principles. The form of these spiritual customs and traditions cannot be separated from the social aspects of daily living and thus it cannot be separated from the structure and form of AA. This applies to individuals in recovery, to the AA group, and to NAIGSO as a whole. It is our vision to make all of the aspects of our natural gatherings available for AA meetings and fellowship. This includes but is not limited to potluck dinner Meetings, pow wows, camp meetings, encampments, conventions, and conferences. Each group is free in the tradition of AA to incorporate their own traditional ways into the format of their meetings. At these gatherings, representatives assigned, elected, or appointed by their AA group will meet and exchange information which may then be communicated to the NAIGSO.

The diagram (go to <http://www.naigso-aa.org> and click on to see diagram) is a design of the structure of the AA fellowship for the Native American Indian. The outer circle represents the universe of the Indian Nations of North America. NAIGSO is available to and has sent out communications introducing itself to almost all Indian Nations at this time. This configuration is a dynamic representation of all entities that are moving and interacting with each other through the meetings, pow wows, conventions, conferences, gatherings, etc. Although NAIGSO is shown at the center of the circle, it is always in touch and available to all individuals and groups. It is expected that NAIGSO representatives will be available at these events.

Alanon and their groups are supported in the same manner as the AA members And their groups. It is our intention to provide a service organization that is able To evolve and grow to meet the needs of those it serves. This is only a beginning And we expect the Creator to continue to direct us all in the development and Success of NAIGSO as time goes by.



## *Greetings from Australia!*

NAIGSO received this wonderful letter from Marilyn in Australia. Its kind of like the Creator's footprint indicating we are on the right path!

*Dear NAIGSO - it has been so wonderful to find your website on the net.*

*I am an Aboriginal woman from Australia (Yuin Nation) who this month will be 14 years sober in AA - one day at time.*

*Aboriginal people here have been trying to connect up as fellow alcoholics in AA for some time. It has not been an easy path - this is quite a large country - with over 700 different Aboriginal nations - yet we are only 2% of the general population - and even less when it comes to AA itself. So it has been great to read some of your history on your web page about the developments of NAIGSO.*

*So far we have had two NSW State wide Aboriginal conventions and four Australia wide Aboriginal conventions - these have been great but very small. We have no organizational representation in AA itself - other than a few Koori (Aboriginal) AA groups including the Redfern Koori AA Recovery group, which was my original home group. I am now living on the south coast of NSW in my Grandmothers country (for which I am grateful), but we have had little success in starting a Koori AA group here.*

*I guess in some ways we have been trying to organize from the ground up - but maybe we need to go straight to the GSO here and talk to them about forming something like NAIGSO here. I think they would be receptive because I know they have tried to support Aboriginal communities in the past and they have supported our conventions.*

*I'm am very excited to know you exist -there is an Elder in our program who is thirty years sober*

*-he says that AA and traditional spirituality run parallel to each other. For me AA has given me back my Spirituality and enabled me to return to my Grandmother's country - for which I will be forever grateful.*

*All the best to each of you in your journey of recovery, I wish NAIGSO well and if you have any suggestions to share with us it would be most appreciated.*

*As my Grandmother says "never forget where you come from"  
In fellowship*

*Marilyn*





## Your NAIGSO

***“Everybody should pray together, cheer along, root along. That brings the circle together. Everything is together.”***

-Wallace B.,  
LAKOTA

**Life on earth can sometimes be very complicated. Sometimes we even withdraw. Then the problems become even more difficult. We need to watch out for one another, to care for one another, to pray together, to encourage one another, and we need to support one another. Behaving in this manner will bring the circle together.**

-anonymous

***Great Spirit, today, let me support my brothers and sisters.***

-anonymous

The *AA Directory for Native Peoples and Associates* binds the groups and individuals in the Nations together in the fellowship of AA. This directory is kept current and is available on the website (<http://www.naigso-aa.org>) for you to down-load, print, and distribute copies. A hard copy version of the directories is published quarterly. As people travel, they need the support of a

Native American A.A. meetings and each other. Our People need to be available for each other when coming out of treatment, traveling, or just when there is a need to talk to another alcoholic.

***“The center of the universe is everywhere.”***

~Hehaka Sapa  
(Black Elk)

## NATIVE SPEAKERS

Some of you, or ones you know, should be speaking at Native Sobriety/AA Events, but you have been too reserved to make the first move. On the other hand, there are event committees out there looking for Native speakers, but don't know where to look for the

them. We have a section of the NAIGSO website entitled “Native Speakers” where your name can be placed indicating that you are willing to share your story at Native AA Events.

## NATIVE STORIES

“Sobriety is traditional.” The Spirit of the 12 Steps and 12 Traditions are deeply imbedded within our Nations stories. The telling and retelling of Native Stories has nearly disappeared. We feel that telling of these stories keep the traditions of our People alive. Therefore, the “Native Stories” section of the NAIGSO

Website is a section of the NAIGSO website is created to “once more” tell the stories of Our People.

***Put yours on the Web...***



***Or submit your story to this publication via the NAIGSO e-mail or contact the Assistant Administrator: April F.***

***E-mail: [admin-4-dir@cox.net](mailto:admin-4-dir@cox.net)  
Phone: (619) 463-9152***





## **“MEMBERS AT LARGE”**

Volunteer to be a “Member at Large” of the NAIGSO Board authorized to represent the NAIGSO Board at Native Sobriety/AA Events. Members at Large are not responsible for any administrative duties. Members at Large expand our presence to better serve the Nations. They are expected to be available at Gatherings in their

area/Nation and be available to talk with the People and make note of the Peoples suggestions for NAIGSO action. NAIGSO is structuring AA to serve the Nations and must be attuned with the Native culture and traditional way of life.

***MITAKUYE-OYASIN***



***We are all related.  
All my relations.***

## **PAST HAPPENINGS**

**March 2002** – NAIGSO collaborated with the Native American Wellness Conference March 10<sup>th</sup> to 14<sup>th</sup> in San Diego. NAIGSO brought four meetings, (men’s AA, women’s AA, Alanon, and Alateen) into the wellness activities portion of the conference. The meetings ran concurrently on Monday, Tuesday, and Wednesday evenings. We thank our members Dennis C., Helen F., Suzy C., and Dave S.T. who led them. In addition we thank Robert V., Stan P., and Helen F., our members who supplied materials and participated in the eight sweats (men and women) that was held Sunday through Thursday. An NAIGSO information table was set up where various AA, Alanon, and Alateen brochures were made available.

**April 2002** – Native American Indian GSO Gathering, “Walk the Path of Sobriety” on April 27<sup>th</sup>, 2002 held at the DQ Sycuan University on the Sycuan Indian Reservation. We thank the tribe for giving us permission and blessing. We thank our members Helen F. for arranging this gathering, Don W. for being our speaker, Joseph for our talking circle and everyone who had a part in the music, raffle, arts and crafts, and everyone who brought dishes for the potluck. NAIGSO had T-shirts for sale and an information table was set up. Application package submitted April 28<sup>th</sup>, 2002 to the General Service Office New York requesting delegate(s) seating on the World Service Committee.

**May 2002** – To support the safe delivery and passage of this Application package, a special sweat ceremony was held for NAIGSO at Warner Springs-Los Coyotes Indian Reservation. Three staff members participated and nine other alcoholics’ anonymous members provided their support. Fifty-one stones were used to purify the sweat lodge. During the sweat, prayers were offered to favor seating for NAIGSO. At two sweat sessions, twelve stones were used to signify the twelve steps and twelve traditions of Alcoholics Anonymous.



## **NATIVE AMERICAN RECIPES**

### **TRADITIONAL WASNA**

*Nation/Tribe: Lakota*  
*Serving size: Varies*

#### Directions

Dry beef roast in oven for several hours. Remove meat from oven and pound very fine; to this add bone grease (from marrow of bones) or suet, sugar, and dried choke cherries which have been pounded fine. Mix this well. Pack into pan to harden. It can then be taken from the pan and sliced.



### **BAKED INDIAN PUDDING**

*Native American Recipe*  
*Serving Size: 8*

½ cup Cornmeal, yellow  
4 cups Milk, whole, hot  
½ cup Maple syrup  
¼ cup Molasses, light  
2 Eggs, slightly beaten  
2 tablespoons Butter/margarine; melted  
1/3 cup brown sugar; packed  
1 teaspoon Salt  
¼ teaspoon Cinnamon  
¾ teaspoon Ginger  
½ cup Milk, whole; cold

### **NAVAJO FRY BREAD**

*Nation/Tribe: Navajo*  
*Serving size: 4*

1 cup white flour  
½ cup whole wheat flour  
1 tablespoon sugar  
½ teaspoon baking powder  
¼ teaspoon salt  
½ cup honey  
vegetable oil

#### Directions

Mix dry ingredients. Add water to dry ingredients, mix well. Knead dough on a floured board till it becomes elastic. Let dough rise 10 minutes, covered. roll out dough till it is ½ inch thick. Cut into squares or circles. Deep fry at 370 F till golden brown; drain on paper towels. Drizzle with honey and serve.



#### Directions

In top of double boiler, slowly stir cornmeal into hot milk, cook over boiling water, stirring occasionally, 20 minutes.  
Preheat oven to 300 F. Lightly grease 2-quart baking dish. (8 1/2 inch round)  
In small bowl, combine rest of ingredients, except cold milk, stir into cornmeal mixture; mix well.  
Turn into prepared dish; pour cold milk on top, without stirring. Bake uncovered, 2 hours, or just until set but quivery on top. Do not overbake. Let stand 30 minutes before serving. Serve warm with vanilla ice cream or light cream.



## MEDITATIONS FROM THE ELDERS

***“Prayer is the best answer to all of the trials that face us, because without prayer, even if we succeed in accomplishing some great goal in the eyes of men, we have failed in our sacred responsibilities, and thus we have failed in what is truly important.”***

- CROW ELDER

What are our sacred responsibilities? One is to be of maximum service to the Creator, and two is to serve the People. In a way, it's like the Great Spirit is the employer and we are the employees. We live each day, do what we do, accomplish our goals, face our difficulties, and overcome them all to the Glory of the Creator. We do these things to make Him proud! Even if we work for a company, agency, or tribe, they are not really our employer; the Creator is our employer. Working for the Creator is better than working for a human being, because each night we can talk to the Creator and ask Him, “Well, how did I do today?” He answers back each night, “I'm proud of you my child; sleep well, and in the morning I'll give you a new set of growing experiences.”

***Great Spirit, today, let me work for you. You will be my new boss.***



***“Believing people can soar beyond ordinary life.”***

- LAKOTA ELDER

We are created by God to be vision people. First we set the goal and then we see. If we create within ourselves a picture or vision and we hold that picture or vision in our mind, whatever we picture will show up in our reality. If we can see ourselves being educated, then schools and teachers will show up in our lives. If we picture in our mind a positive, spiritual person to be in our lives, we will attract this type of person in our relationships. How big can our dreams be?

***Great Spirit let my visions today be Your vision.  
Put within me a vision of the being you would have me be.  
Then help me to keep the vision in my mind.***



***“We all come from the same root, but the leaves are all different.”***

- LAKOTA ELDER

We all come from one Great Spirit but we are all different and unique. Nothing in the Great Creation has a twin that is identical. Even children that are twins are different. Every single person is extremely special and unique. Each person has a purpose and reason why they are on earth. Just like every leaf on a tree is different, each one is needed to make the tree look like it does. No leaf is better or worse than the other-all leaves are of equal worth and belong on the tree. It is the same with human beings. We each belong here and do things that will affect the great whole.

***Great Spirit, today, let me see myself as a valuable contributor to the whole.***



From our friends in Shawnee, Oklahoma !

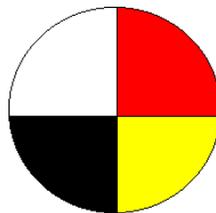
### **The Four Directions Circle of Sobriety AA Group**

Mark K. reports that **The Four Directions Circle of Sobriety AA** group is doing well. Attendance varies of course, but they are slowly but surely gaining recognition throughout the local communities and the State of Oklahoma. There are several individuals and groups who have expressed intense interest in starting a Native American A.A. group in their area. "When the time is right, our Creator will call upon them to do so." Mark reports on July 11<sup>th</sup>, 2002 their group and the Citizen Potawatomi National Substance Abuse/Behavioral Health facility will be hosting an event with White Bison and the "Journey of the Sacred Hoop." This was not a scheduled stop. They were contacted and asked if the "Hoop" could stop in Shawnee and allow them to honor them and let them feed them on their journey across the U.S.A. Their invitation was graciously accepted. It holds great Power and Meaning with Hope and Inspiration for their community. Not only for those recovering from drugs and alcohol, but victims of domestic violence, child abuse, grief and loss, mental illness, and the list goes on and on.

The **The Four Directions Circle of Sobriety AA** group is also in the process of building a larger Sweat lodge to accommodate the people.

They have forwarded their meeting flyer on to us, which we have posted here.

## **FOUR DIRECTIONS**



Alcoholics Anonymous

## **CIRCLE OF SOBRIETY**

1302 South  
Gordon Cooper Dr.  
Shawnee, Ok.  
(White House across  
from Riverside Auto)

Incorporating  
Native  
American  
Traditions

Scheduled:  
'Swets'  
'Talking Circles'  
'Outings'



**BEGINNERS MEETING  
STEPS ONE, TWO AND THREE  
FRIDAYS @ 8pm**  
**OPEN DISCUSSION MEETING  
SATURDAYS @ 11am**  
**OPEN CANDLE LIGHT MEETING  
SATURDAYS @ 10:30pm**  
**EVERYONE WELCOME!!!**



Mark @ (405)274-3365

Member of Native American Indian General Service Office

Max @ (405)275-5426



**CALENDAR of INDIAN AA EVENTS**

**UPCOMING EVENTS**

***Indians in Sobriety Campout  
Four Sacred Mountains***

**July 25 – 28, 2002**



**AA/ Alanon/ Alateen Meetings,  
Talking Circles, Sweat Lodges, Honoring  
Sobriety Pow Wow and Ribbon  
Ceremony, Fun Walk/Run, Raffles, etc.**

**Camp Assaayi' / Bowl Canyon  
Navajo, New Mexico**

From Ft. Defiance, AZ Jct., take Navajo Route 12 N.  
to Navajo, NM for 13 miles, take R to CampAsaayi'  
for 11.2 miles (do not go to Twin Buttes); From  
Crystal, NM on Route 12 from the big sign,  
it is 7 miles.

**CONTACT: Velma S-M (928) 729-2424/5809;  
Ardythe Y. DAATC 9928 (928) 729-5931;  
Deb D. (928) 729-5078**

**Labor Day weekend the  
Fireside Sharing Circle AA Group  
has an Open Air Sobriety  
Pow Wow & Campout.**

**Friday August 30 – Sept. 1, 2002**

**There are main speakers, panels,  
Sobriety pow wow, dancing,  
Corn roast, camping, sacred fire,  
And talking circles.**



**IT IS A FUN TIME FOR ALL!**



**We are located near Hagersville, Ontario**

**For more information:  
E-mail: [Firesidepowwow@yahoo.com](mailto:Firesidepowwow@yahoo.com)**



**CALENDAR of INDIAN AA EVENTS**

**UPCOMING EVENTS**

**12<sup>th</sup> Annual National/international Native American Indian Alcoholics Anonymous Convention**

**September 26, 27, 28 and 29, 2002**

This is an A.A. Convention. ALL A.A. members are welcome.

- |                               |                          |
|-------------------------------|--------------------------|
| 24hr. Marathon Meetings ..... | Al-non Events & Meetings |
| A.A. Workshop's .....         | Dance – Dance - Dance    |
| Old Timers Meetings .....     | Recreational Activities  |
| Social POW – WOW .....        | Speaker Meetings         |
| Talking Circles .....         | Traditional Foods        |

**For More Information Call: 1-877-451-6733**

**HOST HOTEL:                    Hilton Burbank Airport and Convention Center**

**Hilton Burbank Airport and Convention Center**  
2500 Hollywood Way  
Burbank, CA 91505-1019

Toll Free: (800) 840-6450  
Local: (818) 843-6000  
Fax: (818) 842-9720

On line Hotel registration at: <http://www.burbankairport.hilton.com>

**FREE Shuttle Service from the Airport to the Hotel!**

**ALL HOTEL reservations MUST be made by August 31, 2002!**

Room Rates ..... \$65.00 + tax

There is **NO CHARGE** for children 18 years old and under, when they occupy the same room as their parents or Grandparents.  
To get the *Special Room Rates*, you must let the *Hotel Staff* know you are attending the **National/international Native American Indian A.A. Convention!**

**Convention Contacts**

- |                        |                           |  |
|------------------------|---------------------------|--|
| Registration.....      | Gina (909) 927-0869 ..... | <a href="mailto:iswut@msn.com">iswut@msn.com</a> |
| Hospitality .....      | Peggy (702) 451-6733      |  |
| Marathon Meetings..... | Carmen (702) 648-4383     |  |
| Work Shop.....         | Pat (605) 867-6104        |  |
| Pow-Wow .....          | Calvin (559) 229-5235     |  |

**Web Site at: <http://www.naiaa.org>**

**Email address: [naiaa@nai-aa.org](mailto:naiaa@nai-aa.org)**



**CALENDAR of INDIAN AA EVENTS**

**UPCOMING EVENTS**

**Freedom In Sobriety Campout  
September 13, 14, & 15, 2002**

**HOPI LAND  
Polacca, AZ**

**Speakers A.A. & Alanon**

**Sweat Lodge**

**Traditional Meal – Saturday Evening**

**Youth Traditional Dance Group**

**For more information call: Bernard 928-737-9365, Stewart 928-737-9228,  
Leigh 928-737-2328, Debbie 928-309-7326**



*If you have an event that you would like included on our calendar, please submit the following information to:*

**[generalmanager@naisgo-aa.org](mailto:generalmanager@naisgo-aa.org)  
[naisgo@cox.net](mailto:naisgo@cox.net)**

- *Event name*
- *Event sponsor*
- *Description of activities*
- *Date, location & time*
- *Contact person & phone number*



*“The best and most beautiful things in the world cannot be seen or even touched. They must be felt with the heart.”*  
-Unknown

### Stories/Poems

#### **The Wolves Within** (Author Unknown)

An old grandfather, whose grandson came to him with anger at a schoolmate who had done him an injustice, said, “Let me tell you a story. I, too, at times, have felt a great hate for those that have taken so much, with no sorrow for what they do. But hate wears you down, and does not hurt your enemy. It is like taking poison and wishing your enemy would die. I have struggled with these feelings many times.” He continued, “It is as if there are two wolves inside of me; one is good and does no harm. He lives in harmony with all around him and does not take offense when no offense was intended. He will only fight when it is right to do so, and in the right way.” But the other wolf, ah! He is full of anger. The littlest thing will set him into a fit of temper. He fights everyone, all the time, for no reason. He cannot think because his anger will change nothing. Sometimes it is hard to live with these two wolves inside of me, for both of them try to dominate my spirit.” The boy looked into his Grandfather’s eyes and asked, “Which one wins, Grandfather?” The Grandfather smiled and said, “The one I feed.”



#### **Man In The Glass**

When you get what you want in your struggle for wealth  
And the world makes you king for a day,  
Just go to the mirror and look at yourself  
And see what that man has to say.

For it isn’t your father or mother or wife  
Upon whose judgment you pass,  
The fellow whose verdict counts the most in your life  
Is the one staring back from the glass.

He’s the fellow to please, never mind all the rest  
For he’s with you clear to the end,  
And you’ve passed your most dangerous test  
If the man in the glass is your friend.

You may fool the whole world down the pathway of years  
And get pats on the back as you pass,  
But your final reward will be heartache and tears  
If you’ve cheated the man in the glass.

-Anonymous



**Prayer For The Day**

*Dear Creator,  
So far today, I've done all right.  
I haven't gossiped, and I haven't lost my temper.  
I haven't been grumpy, nasty, or selfish.  
But in a few minutes, Creator, I'm going to get out of bed,  
And that is when I am going to need a lot  
Of help!  
Aho*



*NAISGO would like to thank everyone who is a part and in service of helping us to carry the message to the alcoholic and their families who still suffer. **Gitchi Migwetch!***

*We'd love to hear from you. If you would like to share your story, have a poem, thought for the day, a recipe to share, want to post your meeting and tell us how things are going and want it posted in our newsletter or website, please contact us:*



**Please note that our Website address  
Has changed:**

**Website: <http://naigso-aa.org>**

Send all other inquiries, questions, or  
Comments to:

NAIGSO  
P.O. Box 1253  
Lakeside, CA 92040  
Tel: (619) 443-8727  
Fax: (619) 443-4503

**Primary E-mail:**  
**[generalmanager@naigso-aa.org](mailto:generalmanager@naigso-aa.org)**  
**Alternate E-mail: [naigso@cox.net](mailto:naigso@cox.net)**

**Send all inquiries for Newsletter to:**

April F.

**E-mail: [www.admin-4-dir@cox.net](mailto:www.admin-4-dir@cox.net)**

Phone: (619) 463-9152

Fax: (619) 463-9826

This is your newsletter. We would like to feature one of our groups each time the 4-DIRECTIONS newsletter is printed. Write and tell us about your group, when it got started, how it has grown, and how it is today. All submissions are subject to editing.

# NATIVE AMERICAN GENERAL SERVICE OFFICE OF ALCOHOLICS ANONYMOUS (NAIGSO)

## Talking Paper – Grandfather’s Vision

### What we want to do:

- Link Indian alcoholics together in the spirit of the 12 Steps and 12 Traditions of AA.
- Link Indian alcoholics from different tribes (both in the cities and on the reservations) to their culture and spirituality.
- Provide a path within AA for Indians to voice their needs.
- Provide a way for Indians to be aware of AA/Sobriety events that are scheduled in the nations.
- Provide a list of Indians and Associates that are willing to help an Indian alcoholic, if contacted.

### What we have done:

- Implemented an Indian GSO of AA (NAIGSO) to serve Indian Nations.
- Structured AA so that it can blend in and become a part of the Indian’s traditional way of life and spirituality.
- Made available a representative of NAIGSO at Indian AA/Sobriety Gatherings to meet with the people and find out how to better serve them.
- Met all requirements for an Indian delegate to be seated and represent Indian nations at the World Service Meeting of AA. Submission packet has been submitted.
- Accepted registrations and established an AA directory for Indian AA and Alanon meetings and Individual contacts (Loners).
- Established website: [http:// www.naigso-aa.org](http://www.naigso-aa.org) to post NAIGSO history, current information and scheduled events.

### What we’d like you to do:

- Start an Indian AA group and/or register the one you attend with NAIGSO. We are self supporting through our own contributions...Contribute to NAIGSO.
- Register yourself with NAIGSO and be included in the AA Directory for Native Americans and Associates. It is suggested that each member on his or her sobriety birthday contribute one dollar per “recovery year” to NAIGSO.
- Notify NAIGSO of upcoming Indian AA/Sobriety Gatherings for posting on the website.
- Participate in Indian AA Council Gatherings and service meetings.
- Submit your story to NAIGSO to post on the website.
- Tell others, including the folks back home about “the vision” and NAIGSO.

### What do you want us to do?

-

**NATIVE AMERICAN INDIAN ALCOHOLICS ANONYMOUS REGISTRATION**  
**FORM FOR INDIVIDUALS**

I am an individual who is willing to be a point of contact to carry the message of AA to the alcoholic who still suffers. I authorize my name and information (as I have recorded it on this form) to be included in the Native American Indian AA Directory for Native Peoples & Associates, which will be made available on the NAIGSO Internet Web Site with out last names or addresses. Note: IN ORDER TO BE INCLUDED IN THE DIRECTORY, THE NATIVE AMERICAN INDIAN GENERAL SERVICE OFFICE (NAIGSO) MUST RECEIVE AN ORIGINAL SIGNED COPY OF THIS FORM.

AA \_\_\_\_ Alanon \_\_\_\_

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zip Code: \_\_\_\_\_

Phone No. \_\_\_\_\_

E-Mail \_\_\_\_\_

Tribal Affiliation: \_\_\_\_\_

Comments: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Signed: \_\_\_\_\_ Date: \_\_\_\_\_

**PLEASE RETURN THE COMPLETED FORM TO:**

NAIGSO, P.O. Box 1253, Lakeside, CA 92040

Tel: (619) 443-8727

Fax: (619) 443-4503

Primary E-mail: [generalmanager@naigso-aa.org](mailto:generalmanager@naigso-aa.org)

E-mail: [naigso@cox.net](mailto:naigso@cox.net)

For the overall services of AA it is suggested that each member on his or her sobriety birthday contribute one dollar per "recovery year" to NAIGSO.

INDIVIDUAL SERVICE NUMBER (ASSIGNED BY N.A.I.G.S.O.): \_\_\_\_\_

NATIVE AMERICAN INDIAN ALCOHOLICS ANONYMOUS NEW GROUP FORM

IS YOUR GROUP: AA \_\_\_\_\_ ALANON \_\_\_\_\_ ALATEEN \_\_\_\_\_

In accordance with A.A.'s Sixth Tradition, it is suggested that a group NOT be named after the facility in which it meets.

Does your Group meet in a hospital, treatment center or detox center? \_\_\_\_\_ Yes \_\_\_\_\_ No

If yes, is it open to A.A. members in the community as well as to the patients in the center? \_\_\_\_\_ Yes \_\_\_\_\_ No

GROUP NAME: \_\_\_\_\_ GROUP START DATE: \_\_\_\_\_ # MEMBERS \_\_\_\_\_

GROUP MEETING LOCATION: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY/TOWN: \_\_\_\_\_ STATE/PROVINCE \_\_\_\_\_ ZIP CODE \_\_\_\_\_

. MEETING DAY . MON \_\_\_ . TUES \_\_\_ . WED \_\_\_ . THUR \_\_\_ . FRI \_\_\_ . SAT \_\_\_ . SUN \_\_\_ .

. MEETING TIME . . . . .

RESERVATION: \_\_\_\_\_ WHAT NATION: \_\_\_\_\_ URBAN \_\_\_\_\_

POINT OF CONTACT (POC)

NAME: \_\_\_\_\_ TELEPHONE: ( \_\_\_\_\_ ) \_\_\_\_\_

ALT PHONE: ( \_\_\_\_\_ ) \_\_\_\_\_ Email Address: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY/TOWN \_\_\_\_\_ STATE/PROVINCE: \_\_\_\_\_ ZIP CODE: \_\_\_\_\_

ALTERNATE POC \_\_\_\_\_ OR MAIL CONTACT \_\_\_\_\_ (please check one)

NAME: \_\_\_\_\_ TELEPHONE: ( \_\_\_\_\_ ) \_\_\_\_\_

ALT PHONE: ( \_\_\_\_\_ ) \_\_\_\_\_ Email Address: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY/TOWN \_\_\_\_\_ STATE/PROVINCE: \_\_\_\_\_ ZIP CODE: \_\_\_\_\_

Listing for the Directory is for 12<sup>th</sup> step referral and/or requests for meeting information.  
The POC's name and telephone number will be included in the Directory in addition to the Group's name and service number.

OK TO LIST IN DIRECTORY? \_\_\_\_\_ YES \_\_\_\_\_ NO

SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_

*"Our membership ought to include all who suffer from alcoholism. Hence we may refuse none who wish to recover. Nor ought A.A. Membership ever depend upon money or conformity. Any two or three alcoholics gathered together for sobriety may call themselves an A.A. group, provided that, as a group they have no other affiliation." -Tradition Three (the long form)*

*Each Alcoholics Anonymous group ought to be a spiritual entity having but one primary purpose - that of carrying its message to the alcoholic who still suffers." Tradition Five (the long form)*

*Unless there is approximate conformity to A.A.'s Twelve Traditions, the group...can deteriorate and die." Twelve Steps and Twelve Traditions, page 174*

GROUP SERVICE NUMBER (ASSIGNED BY N.A.I.G.S.O.): \_\_\_\_\_

PLEASE RETURN THE COMPLETED FORM TO: P.O. Box 1253, Lakeside, CA 92040